

HANDLING INSTRUCTIONS:

Preparation Instructions

Heat pulled chicken to a minimum internal temperature of 160°F/ 74°C. Since appliances vary, heating instructions are guidelines only.

Stove Top Method

Open pouch and pour contents into a medium sized pan. Add 1-2 Tbsp of water and begin to warm the chicken on medium heat. Slightly break larger pieces using a fork and continue to heat for 3-5 minutes. Stir occasionally. Serve once chicken has been heated thoroughly.

Microwave Method

Open pouch and place pulled chicken in microwave-safe dish. Heat on high power for 2-3 minutes. Stir chicken and heat for another 2-4 minutes or until chicken is heated thoroughly. Let pulled chicken cool for 1 minute before serving.

